



GET ORGANIZED ONCE AND FOR ALL

LESSON 1: THE KEY TO SUCCESS

Getting organized. That's easy peasy lemon squeezy. Staying organized? More like difficult difficult lemon difficult.

Hi friend! I'm Laura, the creator of [I Heart Planners](#) and the [Sweet Life Society](#) and I'm thrilled to welcome you into my free mini course, *Get Organized Once & For All*.

I'd guess that we've all had weeks and even months where things are organized. The schedule runs smoothly, the dishes are washed every evening, the beds are made, and you even made it to the gym more than once in a week!

But I'd also guess we've all had those highs only to have it all come crashing back down to where it started before we can truly enjoy our organized home and life.

And the reason I can guess that so accurately? I've been there myself so many times! There's one other thing I know about you too - I know that the last thing you need is another lengthy, complicated course on your plate. So in *Get Organized Once & For All*, I've kept it simple. Real simple.

And the funny thing is, the key to staying organized (once and for all!) is incredibly simple too.

There is no magic pill or formula that will guarantee success, and there is absolutely

no substitute for hard work and determination. But there is one thing that will make a dramatic difference in helping you stick with it for the long haul:

Forming habits.

That's right. The most impactful thing you can do is to build habits – things you automatically do without even thinking.

Here's what I want you to do to complete Lesson One. Right now, pick one small habit that you would like to implement. And friend, I mean small. We're talking less than five minutes per day. This is a habit that you will be able to squeeze in even on your busiest days.

What small thing is really bugging you? Is it how you rarely make your bed? Or how you don't unload your dishwasher first thing in the morning so all the dishes just pile up? For me, it's definitely my habit of leaving my purse in the middle of the couch when I come home instead of walking just a few steps to put it in the drawer where it belongs.

So here's your assignment: Pick one small action that you can consistently do every day this week. Print out the printable habit tracker and mark off each day - for the next five days - when you complete your habit.

I'm curious to hear, so if you'd like to share, go ahead and email me at iheartplanners@gmail.com and let me know what habit you'll be working on for the next five days!